



Full Life[™]
Small miracles. Extraordinary lives.



Annual Report

Full Life in 2013
An Annual Report to the Community



MISSION

Full Life Care is dedicated to enhancing the quality of life for frail elders and people with chronic or terminal illnesses and disabilities. We respect the dignity of our participants and provide for them with care and compassion.

We are committed, through our program of health and social services, to the independence and well-being of all participants and to providing respite for caregivers.

VISION

Full Life is working toward a future where adults with serious illnesses or disabilities can be supported in the community rather than living in isolation or needing to resort to institutional care.

Board of Directors

Jesse Bond

President

Mike Brandeberry

Immediate Past President

Earl Sedlik

Treasurer

Mike Olson

Secretary

Basia Belza, Ph.D., R.N.

Kathie Flood

Frances Holtman

Jeff Idler

Barbara Isenhour

Maneesha Lall

Julie Lemery

Karen Lewis-Smith

Jeff Nomi

Jane Pearson

John Peoples

Jay Riffkin

Brian Thompson

Nancy Worssam

Ron Wright

Advisory Board

Bob Anderson

Nancy Hooyman, Ph.D.

Diane Kenny

Jim and Leslie Kerr

Betty Sanders

Mike Scott

Brian Wong, M.D.

Full Life Care

800 Jefferson Street

Suite 620

Seattle WA 98104

DONATIONS: 206.224.3749

PROGRAMS: 206.528.5315

www.fulllifecare.org

www.facebook.com/fulllifecare

www.youtube.com/fulllifecare

Message from the Leadership

At Full Life Care, we often ask ourselves: How can we best work toward a future where adults with serious illnesses or disabilities can be supported in the community, rather than living in isolation or needing to resort to institutional care?

That question is at the core of our vision statement. In fact, “in the community” fairly sums up *where* we offer our services: adult day health, care consultation, behavioral health, home care, volunteer companionship, and our memory care homes – each and every one is designed to support our participants and their families in a community setting.

So, in August, 2013, it wasn't a huge leap for us to talk to Tutta Bella Neapolitan Pizzeria about starting an Alzheimer's Café – an enriching experience for persons living with dementia and their care partners – at its Columbia City location. The restaurant's owners and managers share our community-based ethos and helped us quickly launch our first Alzheimer's Café. They give us an easy-to-order menu, dedicated space for our patrons, and lower the house music when we start our own singalongs. Luther's Table in Renton and Pagliacci Pizza in Edmonds have followed suit, hosting Alzheimer's Cafes at their unique venues.

Every year, we marvel at the innovative ways individuals and businesses affect the lives of our participants. Volunteers stimulate the intellect of our participants with travel slideshows, improve their physical fitness with yoga and Zumba sessions, and provide nutrition education in cooking classes.

Groups of volunteers help at our locations through United Way's Day of Caring in both King and Snohomish counties. And several businesses and churches host holiday giving trees which benefit our programs and participants.

These contributions complement our ongoing services, like the skilled nursing, rehabilitative therapies and social work consultations that have proved critically important to the health and wellbeing of our participants and their families. Essential services that are possible through the generous giving of supporters like you.

On behalf of everyone at Full Life Care, thank you for helping us stay strong in the community.



A handwritten signature in black ink that reads "Jesse Bond".

Jesse Bond
President, Board of Directors



A handwritten signature in black ink that reads "Nora Gibson".

Nora Gibson
Executive Director

1009.14

LOOKING FORWARD TO JOHN KEISTER ON OCTOBER 9, 2014



Full Life is excited to welcome local comedian **John Keister** as our featured guest at our annual benefit breakfast. This year we will honor Full Life participants and their family members in the program and in the

brand new video. Then, we'll listen to John tell fun and lighthearted stories. See back cover for details and more information about John Keister.

It's not too late to reserve your seat or table. Please RSVP by October 1 to Meggie LaValley at meggiel@fulllifecare.org or 206.224.3749.



SPONSORS

PRESENTING SPONSOR

Anonymous
The Bedside Trust

GOLD SPONSORS

Bond Financial
Dorsey & Whitney, LLP
Group Health Cooperative
Catherine Schrup and Alan Stay

TABLE SPONSORS

Basia Belza, PhD, RN
Brain Injury Alliance of Washington
Mike and Sue Brandeberry
Federal Home Loan Bank of Seattle
Joe and Terri Gaffney
The Gibson Family
Nora Gibson and Bob Fraser, PhD
Hillis Clark Martin & Peterson P.S.
Jeff and Leah Idler
Barbara Isenhour and John Strait
Maneesha Lall and Mukesh Karki

Julie Lemery and Greg Stern
Karen Lewis-Smith and Steve Smith
Merchants Parking/Transia
Jane Pearson and Foster Pepper, PLLC
Jay and Courtney Riffkin
Ron Wright & Associates/Architects, P.S.
SEIU Healthcare 775NW
Slalom Consulting
Sprague Israel Giles, Inc
Washington Dental Service Foundation
Wells Fargo
Nancy Worssam

BY THE NUMBERS

ADULT DAY HEALTH

62,404 days of service provided at centers in King and Snohomish counties.

CARE CONSULTATION

Our care consultants worked with 64 families on issues related to eldercare, multiple sclerosis, and moves from nursing homes into community settings.

MEMORY CARE HOMES

36 persons living with Alzheimer's disease or other dementia resided at our assisted living homes, Gaffney House and Buchanan Place.

SOLSTICE BEHAVIORAL HEALTH

Solstice provided mental health services to 385 clients and training services to 90 Roads to Community Living clients.

VOLUNTEERS

508 individuals and 41 groups contributed 20,941 hours valued at \$489,029.

11 Full Time Service Members gave 17,847 hours of service valued at \$395,133.



HOME CARE

230,000 in-home hours were provided to 400 clients.

ROADS TO COMMUNITY LIVING

Our staff provided 1500 hours to more than 100 low-income older adults, helping them transition from skilled nursing facilities into the community.

SERVICE COORDINATION

10,000 hours of service coordination and case management supported more than 500 Seattle Housing Authority residents.

SUPPORTERS COMING TOGETHER FOR OUR 2013 EVENTS



BEER FOR A CAUSE—APRIL 24, 2013

Over 450 Full Life supporters gathered at World Sports Grille for Beer for a Cause. Guests enjoyed cold beer and fine wine and won prizes including Alaska Airline tickets and a week long getaway to Lake Chelan. Event Co-Chairs Anne Moore and Cheryl Swartz helped ensure the success of this event, which raised \$30,000 in support of Full Life programs. Special thanks to our MC Brian Osborn, all of the sponsors, especially Slalom Consulting and Georgetown Brewing Company.



BENEFIT BREAKFAST—SEPTEMBER 24, 2013

Full Life hosted its most successful fundraising event to date, held at the Seattle Sheraton. Thanks to Breakfast Chair Jesse Bond, Breakfast Co-Chair Karen Lewis-Smith and the 65 hard-working table captains, the room was full with barely an empty seat. Over 650 benefactors turned out to support our mission. Jeff and Susan Brotman served as an inspiration to the audience, speaking about creating – and investing in – the kinds of communities in which we want to live. We thank them for sharing their time and wisdom. Special thanks to Dick Foley, Joe Gaffney, and all of our event’s sponsors.



DONORS

THANK YOU TO OUR VERY GENEROUS DONORS

GIFTS JANUARY 1 THROUGH DECEMBER 31, 2013

\$10,000 +



United Way of King County

Foster Foundation
Terri and Joe Gaffney
The Seattle Foundation
United Way of King County
United Way of Snohomish County
Wockner Foundation

\$1,000-\$9,999

American Endowment Foundation
AT&T United Way/Employee Giving Campaign
Marcia Bartholme and Rocky Smith
Jeff and Cyndy Bell
Basia Belza, PhD, RN
Lisa Bergstrom and Rush Green
Bill & Melinda Gates Matching Gifts Program
Bond Financial
Jay and Loui Bond
Jesse Bond and MaryPat Heily
Brain Injury Association of Washington
Mike and Sue Brandeberry
Jeff and Susan Brotman
Manny Chao
Barbara Claitman
Tom and Sally Clark
Lenore Cote
Davis Wright Tremaine LLP
Dorsey & Whitney Foundation
Era Living
Ernest R. and Audrey M. Turner Foundation
Federal Home Loan Bank of Seattle
Kathleen Ferrari
Fidelity Charitable Gift Fund
Kathie Flood and Russell Glaeser
Simon Forgette
Daniel and Mareth Fulton
Camille Gibson
Nora Gibson
Group Health Cooperative
Group Health Permanente, P.C.
Mary and Stan Harrelson
Hillis, Clark, Martin & Peterson
Frances Holtman and Eric Peterson
Jeff and Leah Idler
Barbara Isenhour and John Strait
Mary and Al Kollar
Maneesha Lall and Mukesh Karki
John and Judy Lavelle
Dorothy Hall and J.J. Leary
Julie Lemery and Greg Stern

Jerry and Marguerite Lewis
Steve and Donna Lewis
Karen Lewis-Smith and Steve Smith
Lizanne and Mark Madgett
Curry Gibson and Dave McDorman
McKinstry Charitable Foundation
Microsoft Matching Gifts
New York Life Insurance Company
Gwen and Russ Nomi
Margie and Jeff Nomi
Northwest Protective Service Inc
Nysether Family Foundation
Office of the Secretary of State
Paul Glaser Foundation
Jane Pearson
Judy Pigott
John Policar
Susan Payne and Ben Porter
Kent Rhodes
Melissa Ries and Patrick Kennedy
Jay and Courtney Riffkin
Ron Wright & Associates/Architects, P.S.
Catherine Schrup and Alan Stay
Schwab Charitable Fund
SEIU Healthcare 775NW
Peggy Skow
Slalom Consulting
Sprague-Israel-Giles, Inc.
Hermann and Jo Ann Stichling
The Amerigroup Charitable Foundation
The Cutler Trust
The Snoqualmie Tribe Fund
Katherine Timar
Steve and Tricia Trainer
Tulalip Tribes, Quil Ceda Village
United Way of King County Employee Giving
Washington Dental Service Foundation
Sylvia Watson
Wells Fargo Foundation
Brian Wong, MD and Cindy Gok
Alison and Maurice Wright
Ron Wright and Maria Barrientos

\$500-\$999

AIG Matching Grants Program
Aljoya House at Mercer Island LLC
Bank of America Foundation
Bank of America United Way Campaign
John and Sandy Barney
Carol and Michael Benecke
Veronica and Scott Bernhard
Connie Buhl

David and DeeAnn Burman
Thomas Bykonen
Larry and Jeana Campbell
Raphael Cariou
Steve Caughell
Kathy Choi
City of Seattle--Seattle Shares Fund Drive
CKG Legal Counsel
Costco Wholesale
CRB Inc.
Barbara and Theodore Daniels
Nancy Dapper
Lisa and Richard Dykstra
Theresa Fenton and Mark Lodge
Jens Fischer and Susanne Wagner-Fischer
Hugh and Patricia Fitzgerald
Veena Gandham
Frank Gareis
Georgetown Brewing Company
Shelley Gill
Rick Goldfarb
Joe Grachek
Thomas Grava and Sandy Kropp
Kathi Hand
Bob and Alisa Hashimoto
Sarah and Steve Hauschka
Tana Lin and Paul Holland
Walter Impert
Jane Johnson
Harry and Eileen Jones
Kay Peters and Larry Keil
Kathy and Mike Kirwan
Mary Ann Knowles
Nadya Lobalzo
Rebecca Logsdon, PhD
Michael Longyear
Karen Lorene and Don Bell
Kate and Sean Maloney
Stephen and Michelle Margolin
Lisa Mayfield
Merck Partnership for Giving
Susan Meyer
Dean Michelson and Marcy Muramatsu
Anne and Randy Neely
Tegenu and Meti Negi
Lynn Shepherd Nelson
Karen Newland
Jeannie Nordstrom
John Ochsner
Barbara and Kaare Ogaard
Monica Opitz
Jen and Brian Osborn
Claire Petersky
Louis D Peterson
Philadelphia Insurance Companies
Michael and Alison Pollowitz
Angela Rideout
Cecilia Matta and Casey Riske

Jenny Roraback-Carson, MD and Ryan Carson
Kirsten Johnson and David Rothrock
Francie Rutherford
Erik Sabiers
Mike Scott
Seattle Metropolitan Credit Union
David Sellinger
Dwayne and Lorelle Shearer
Joe and Sue Simmons
Peter Spurgin
Cheryl and Tim Swartz
St. Anthony Parish
St. James Thrift Shop
Stella St. Vincent
Kristine and Matthew Sweeney
Linda and Patrick Tessier
The June Foundation
Kate Turpin
Washington State Combined Fund Drive
Suzanne Westcott
Ernest and Kristin Williams
Anneliese Wirth
Mary C. Wolney
Paul Lewis Wyckoff

\$100-\$499

A&F Associated Inc
Ginny Adams
Chris Addicott
Richard and Donna Adler
Allison Akahoshi
Lindsay Alanis
Martin Alemann
Kay Alton
Amgen Foundation Matching Gifts
Spencer Amir
Bob and Julie Anderson
Brad Anseth
Rosemarie Armstrong
Jeremy and Amy Astle-Raaen
Janis Augustin
Denney Austin
Catherine and Ronald Ayers
Brad and Councilmember Sally Bagshaw
Denise Bakken
Jennifer Barnes
Sybil Barney
Sheryl Bealkowski
Lisa Beard
Sister Patricia Beattie
Virginia Beck
Marla and Bob Becker
Benevity
Ryan and Katherine Bennett
Thomas Bennett
Trevor Bennett
Christopher Bifone
Nathan Billig
Bob and Robbie Blackstone
Barry Blanton
Deborah Blethen
Bob and Karen Bliesner
Jack and Maralyn Blume

BNY Mellon Community Partnership
Bob Johnson's Pharmacy, Inc
Boeing Employees Community Fund
Mary Bohmke
Erik Bond
Amy Bosch
Edith Bouvette
Charlene Boyd and Stephen Smith
Pierre Bradette
Catherine Brand
Paul Brandhagen
Rod Brandon
Jane Brem
Dail Bridges
Doug Brieley
Joanne Bromwell
Elisabeth Buchman
Dave Budd and Christine Campbell
Susan and Marshall Bugge
Jeanne Bulla
Charlie Burdell
Roslyn Burroughs
Kristin and Alan Bushley
Carla Calogero
Erika Carleton
Paul Carlson
Patricia Carson
Margaret Casey
Philip Cash
MaryAnne Chandler
Colleen Chardos
Bernie Chavez
Laura Chrisman
Jon Clark
Cliff and Sandra Classen
Patricia Cleary
Anthony Clevenger
Barbara Cochrane
Michael and Lauren Cohen
Ken Coleman
Rosemary Coleman
Combined Federal Campaign King County
Community and Family Services Foundation
Jim Coughlin
Rebecca Crichton
Chris Crist
Tara Cristobal-Rivera
Kristin Cruse
Carol Dee Cummins
Kathleen and Tom Cunningham
Evelyn Dahlman
Mark and Patti Dahlman
Heather and Drew Dannels
Sam and Megan Davidson
Celia Davis
Jane Davis
Ryan Davis
James Degel and Jeanne E Berwick
Marc DiJulio
Sureyya Dikmen, PhD
Sheri Dofelmier and Scott Terry
Marjorie and Ralph Domenowske

Mary Drobka
Rebecca Dunning
David and Leanne Durham
Jane Durrant
Paul and Helene Eberts
Nancy Edquist
Julie Edsforth and Jabez Blumenthal
Charity Eleson
Jesse Eller
Vicki Elting
Meg Enderby
Patricia Fallon, PhD
Gary Fallon and Leona De Rocco
Mohammed and Judy Fani
Jim and Mary Figel
Irene and Albert Fisher
Dick Foley
John Forsyth
Bob Fraser, PhD
Tom Fraser
Rodney Fujita
Ben Gaffney
Conchita Garcia
General Mills Snack Division
Alex Gibson
Andrew Gibson
Bill Gibson
Donald Gibson
Miles and Ronna Gibson
Peter and Tiffany Gibson
Give With Liberty (Liberty Mutual Group)
Gayle Glass
Roberta Goodboy
Chitra Gopalakrishnan
Julie Gray
Peter Greenfield and Judith Starbuck
Andrea J. Gregg
George Griffin, III
Mark Guymon
Rachael Hall
Darren Hamby
Tom and Marci Hanan
John Hanley, Jr.
Don Hansen
Christopher Hansen-Murray
Alison Mandaville and Doug Harkness
Juliana Harrisking
Glenn Hasagawa and Terry Kimura
Marguerite and Eddie Hasson
Susan Hayashida
Jennifer Henning
Rick Henshaw
Sister Anne Herkenrath
Jennifer and Brent Herrmann
Hewlett Packard
Ralph and Pat Heyward
Bill Hickman
Hickman Menashe, P.S.
David Hill and Valerie Badon
Michelle Hillier
James Hirst
Theresa and Randy Hollis

THANK YOU TO OUR VERY GENEROUS DONORS

GIFTS JANUARY 1 THROUGH DECEMBER 31, 2013

John M. Hopkins	Dennis and Monica McCormick	Srilakshmi Remala	Gary Swearingen	Ernest and Kathy Baker	Jenny Hammer
Eugene Howard	Lois McDermott	Joyce Remy	Lauren Sytsma	Caroline Ballaine	Michael Harthorne
Gabriela Hoyos and Randal Bass	Irene McDowell	Allison Renz	Greg and Gayle Szalay	Jim and Cindy Barnes	Dorothea Hayes
Peggy and Rick Hudson	Robert and Marcia Lewis	Anne Repass	Theresa Tamura	Elizabeth Bayley	David and Elizabeth Herrick
Patricia Hunter	Lisa McMahon-Myhran	Denise Rhiner	Steve Tarnoff and Suzanne Kotz	Barbara Beach	Emily Hilderman and Brian Francis
Linda Hunter-Suzman and Paul Suzman	Dianne McMullin	Marilyn Ring-Nelson	The GE Foundation	Ginny Bear	Mary Hill
Ann and Mike Imus	Karen Mefford	Tom and Jeanie Robinson	Rustin Thompson and Ann Hedreen	Tony Beeman	Julie Hillers
Derek and Joy Ingalls	LeighBeth Merrick	Inga Roden	Emily and Zachary Thorpe	Hazel B Benson	Kenny Hiser
Mike Israel	Kelly Merry	German Rodriguez	Jennifer Tice	Noelle Berryman	Amy Holland
Fredric Jackson, MD	Rosanne Michaels	Stephen Roos	Jack and Fusako Tokunaga	Jerry Bisceglia	Honeywell Hometown Solutions
Patsy and Tom Jacoy	Karin and Richard Miller	Ellen Rossen	Sarah K Toner	Nancy Bittner	Sarah Hood
Lee Jiles	Priscilla Mistelet	Amy Roraback	trueNorth Financial Services, LLC	Bonnie Blachly	John and Pauline Hoyt
Thomas Jochim	Julia and Nigel Moore	Vernon Ross	Truist	BlackRock	Jessie Huang
Margaret L Johanson	Victor and Maria Morassi	Dale Roth	Laine and Janet Tsujii	Bob and Lynda Blakely	Felicita and Francisco Irigon
Janice Johnson	James and Sheila Morrison	Jason Rothman	Susan Tuller	Rosemary Blakemore	Naomi Ishisaka
Cindy Jordan	Janet Mott	Steve Rovig and Brian Giddens	Mary Turke	Ruth Bond	Annie K. Jacobsen
Raxit Kagalwala	Rockwell Moulton	Jeanette Ruby	Barb Gallogly and Stuart Turner	Brittney Bowles	Debbie Jaksich
Cecily Kaplan	Cheryl Murfin	Benito and Elizabeth Rullan	Sharlyn and Bill Turner	Jeff Bradt	Dave Johnson
Sam Kasper	James Murphy	Bernard Russell and Robin Fleming	UnitedHealth Group Employee Giving Campaign	Carol Bridges	Emily Johnson
Stuart Kaufman and Sheryl Begoun	Patricia Murphy	Sandy Sabersky	VA Puget Sound Health Care System	Christy Bridges	Shirley Johnson
Suzanne Kellar	April and Greg Musick	Allen Safer	John and Connie Veenjtjer	Lee Ann Campbell	Katie Johnston
Susan Kellett	Claudia Myers	David L. Samp	Susan Vestal	Caring Abode, LLC	Jennifer Jones
Daphne Kelley	Chris Nefcy	Julie and Robert Sawin	Jennifer Durrie and Craig Vierling	Deborah Casso and Sheryl Schwartz	Madhu Kachru
Barbara Kelly	Jim Nelson	Sandy and Chuck Scheinbaum	Jan Voit	Grey Chapman	Alice and Judith Keefe
Deborah Kerdeeman and David Tarshes	Deane and Valerie Nelson	Wilmer and Mary Ann Schmidt	Jean Lynn Ward	Henry and Constance Chapman	Tamara Keefe
Ashu Keto	Yuki Nelson	Eileen Schock	Don and Beth Warrick	Adam Coady	Dennis and Diane Kenny
J. David Kidd	Network For Good	Jacob Scholl	Rogers Weed	Kelly Cody	Jaime Kersten
Margaret and Roger Kindley	Mardi Newman	Kaitlin Schrup	Robert Weinsheimer and Kari Palmer	Danielle Collins	Uzma Khan
King County Employee Giving Program	Michael Nordin	Elizabeth Schultz	Julia Welch	Thelma Coney	Aya Khou
Patricia D and Cat Kishline	Northwest Elder Law Group	Greg Scully	Mark D. Wells	Pamela Cook	Corina Kroll
Vernon Klassen	Ogden Murphy Wallace	Earl and Charyl Sedlik	Max Wells	Cathy Cooper	Chad and Colleen Kuehl
Denise Klein	Kathleen Burns and Brian Olendorf	Anita Shah	Danielle Wendell	Kathryn Pursch Cornforth	Ellen Langley
Linda Kloosterboer	Thuan Ong, MD	Marian Sheehan	Misha Werschkul	Meghan Crandall	Mariam Larson
Robin and John Knudson	Peter and Laura Orser	Jennifer Sheffield	Christine and Dalon Wesner	Carol Crawford	Law Offices of Roger Kohn
Laura Kokesh	Josh Osborn	Patty Shepherd-Barnes	William & Mary Little Foundation	Clifford Curtis	Stacy Lawson
Lauren Koslowsky	Kent and Linda Osborn	John and Kathleen Shoesmith	Darren Williams	Mark Daniel and Tammy Preuss	Martha Leredu
Darlene Krahnner	Lillian Osborne	Sisters of St. Joseph of Peace	Michael Williams	Karen Daum	Rebecca Lightle
Brenda Kramer	Matthew Paddock	Scott Slater	Grant Willman	Pamela Davies	Mark Long
Barbara Kraynek	Stephen Padgett	Doug Smidt	Dan and Annie Wilson	Jennifer Deger	Bernadette Martinez
James Kruidenier and Susan Bryant	Claudia L. Patton	George and Kathy Smith	Lisa Wilson	Amy Delay	Cindra McCrann
Katie Lai	Suzanne Pedersen	Gretchen Smyth	With A Little Help, Inc.	Dennis Dooley	Ross McDorman
Meggie LaValley	Patricia Penn	Adam Snyder	Lisa and Ben Wolters	Kim Dunmore	Jayla McGill
Harriet LeClair	Chuck Perov	Melinda and Richard Sontgerath	Marjorie and Bob Wooten	Andrew Durant	Heather McHugh
Nancy and Jim Lemery	Kristy Peterson	Sound Options	Nancy Worssam	Mary Kay Dyckman	Rachel McLellan
Tom and Sue Lentz	Ken Petroff	Sound Services	Su-Piao Wu	Andrew Dzedzic	Mark McMahan
Jeff Lepis	Matthai Philipose	Maureen Spears	Teana and Nick Wulf	Pauline Etling	Diane McQuiston
Jonathan Leptich	Kelley and Kent Phillips	Todd and Tara Spencer	Lily and Allen Wyler, MD	Catherine Farr	Marlene Mears
Carla Lewis	Lyn Piel	Christine Spengler	James Yarno	William Ferguson	Ellen and Robert Meyer
Jane and Tad Lewis	Huda Piruz	David and Marti Spicer	Mary and Warren Yasutake	Kevin Fischer and Noriko Saeki	Cathy Michalec
Sam Li	Beverly Pizzano	SRM Associates	Malei M Young	Diane Fogdall	Diedrich Meinken and Sam Miller
Elisabeth Lindley	Mike Hendrix and Mike Pollack	St. Elizabeth Episcopal Church	Ramona Zuill	Simone Bruyere Fraser	Peter Minden
Andrew Lofton	Tom and Keri Pollock	Benita and Charlie Staadecker	Anne Fiske Zuniga	Jim Freeburg	Anne and Stewart Moore
Josh and Katelyn Lonn	Steve Polyak	Alyson Cook Stage	Janet Abel	Denise Fridge	Corinne Moore
Rich Loo	Janet Porter	Jacqueline Stambaugh	Valerie Albano	Joe Gaffney	Ginger Moriarty
Debra and Drew Lowe	Carol Potter	Starbucks Partner Giving	Brian Antonsen	Carol and Richard Gammon	Marion H Morrison-Vinson
John Lukjanowicz	Blake Pottle	Allison Stephens	Derrick Arciaga	Faith Garrick	Elisabeth Moscardini
Wendy Lustbader	Marlene Price	Russell and Melissa Stevens	Kristen Austin	Pamela Gill	Edie Neeson
Anne Marie Lynn and Kent Opheim	Project Bionic	Vincent Stevens	J Kent and Dana Bailey	Holly Golden	Kimberly Nicholas
Carin Mack	Bryan C. Purkis	Gary and Mari Jo Stobbe	Ernest and Kathy Baker	Sandie Gollofon	Diana Nonas-Truong
Joanne Maher	Pyramid Communications	Linda and Hugh Straley	Ernest and Kathy Baker	Christopher Goodboy	John Norgaard
Stephen Margolio	Mona Quammen	Suzanne Suneson	Ernest and Kathy Baker	Hilary Gorenstein	Victor Obeso and Megan Davis
George Martin	Erin Quick	Erin Sutcliffe	Ernest and Kathy Baker	Caroline Ballaine	Cheryl and Dani Ohashi
Dawn Mathern	Patti Quinn	Molly Swain	Ernest and Kathy Baker	Jim and Cindy Barnes	Jennifer Olsen
Jennifer and Peter McAuliffe	Rachel Ragland		Ernest and Kathy Baker	Elizabeth Bayley	Cindra Ouellette
	Charissa Raynor		Ernest and Kathy Baker	Barbara Beach	
	Robert Ream		Ernest and Kathy Baker	Ginny Bear	
	Jim and Laura Rehrmann		Ernest and Kathy Baker	Mari Becker	
			Ernest and Kathy Baker	Tony Beeman	
			Ernest and Kathy Baker	Hazel B Benson	
			Ernest and Kathy Baker	Noelle Berryman	
			Ernest and Kathy Baker	Jerry Bisceglia	
			Ernest and Kathy Baker	Nancy Bittner	
			Ernest and Kathy Baker	Bonnie Blachly	
			Ernest and Kathy Baker	BlackRock	
			Ernest and Kathy Baker	Bob and Lynda Blakely	
			Ernest and Kathy Baker	Rosemary Blakemore	
			Ernest and Kathy Baker	Ruth Bond	
			Ernest and Kathy Baker	Brittney Bowles	
			Ernest and Kathy Baker	Jeff Bradt	
			Ernest and Kathy Baker	Carol Bridges	
			Ernest and Kathy Baker	Christy Bridges	
			Ernest and Kathy Baker	Lee Ann Campbell	
			Ernest and Kathy Baker	Caring Abode, LLC	
			Ernest and Kathy Baker	Deborah Casso and Sheryl Schwartz	
			Ernest and Kathy Baker	Grey Chapman	
			Ernest and Kathy Baker	Henry and Constance Chapman	
			Ernest and Kathy Baker	Adam Coady	
			Ernest and Kathy Baker	Kelly Cody	
			Ernest and Kathy Baker	Danielle Collins	
			Ernest and Kathy Baker	Thelma Coney	
			Ernest and Kathy Baker	Pamela Cook	
			Ernest and Kathy Baker	Cathy Cooper	
			Ernest and Kathy Baker	Kathryn Pursch Cornforth	
			Ernest and Kathy Baker	Meghan Crandall	
			Ernest and Kathy Baker	Carol Crawford	
			Ernest and Kathy Baker	Clifford Curtis	
			Ernest and Kathy Baker	Mark Daniel and Tammy Preuss	
			Ernest and Kathy Baker	Karen Daum	
			Ernest and Kathy Baker	Pamela Davies	
			Ernest and Kathy Baker	Jennifer Deger	
			Ernest and Kathy Baker	Amy Delay	
			Ernest and Kathy Baker	Dennis Dooley	
			Ernest and Kathy Baker	Kim Dunmore	
			Ernest and Kathy Baker	Andrew Durant	
			Ernest and Kathy Baker	Mary Kay Dyckman	
			Ernest and Kathy Baker	Andrew Dzedzic	
			Ernest and Kathy Baker	Pauline Etling	
			Ernest and Kathy Baker	Catherine Farr	
			Ernest and Kathy Baker	William Ferguson	
			Ernest and Kathy Baker	Kevin Fischer and Noriko Saeki	
			Ernest and Kathy Baker	Diane Fogdall	
			Ernest and Kathy Baker	Simone Bruyere Fraser	
			Ernest and Kathy Baker	Jim Freeburg	
			Ernest and Kathy Baker	Denise Fridge	
			Ernest and Kathy Baker	Joe Gaffney	
			Ernest and Kathy Baker	Carol and Richard Gammon	
			Ernest and Kathy Baker	Faith Garrick	
			Ernest and Kathy Baker	Pamela Gill	
			Ernest and Kathy Baker	Holly Golden	
			Ernest and Kathy Baker	Sandie Gollofon	
			Ernest and Kathy Baker	Christopher Goodboy	
			Ernest and Kathy Baker	Hilary Gorenstein	
			Ernest and Kathy Baker	Caroline and James Grane	
			Ernest and Kathy Baker	Ellen and Arnold Greenstein	
			Ernest and Kathy Baker	Lauren Gums	
			Ernest and Kathy Baker	Tina Hall	
			Ernest and Kathy Baker	Susan and Brian Hamilton	

\$25-\$99**\$25-\$99**

continued on p. 10

DONORS

THANK YOU TO OUR VERY GENEROUS DONORS

\$25-\$99

continued from p. 9

James Packman and Andrew Cohen
Don Parda
Connie Parsons
Dallas and Ann Pasley
Pam Piering and Donald Hopps
Glenda Pocha
Janet Pohl
Anja Porto
Patricia Porto
Tim Pretare
Rachel Prusynski
Puget Sound Flooring LLC
Kathleen Reus
Kenneth Riffkin
Tina and Kyle Ritz
Brian and Carolyn Robbins
Jolene Robinson
Sheila Rodriguez
Donna Roseveare
Alice Ryan
Neeraja Sahay
Betty Sanders and Bruce Carter
Devon Sawin
David Schiff
Jocelyn Schmidt
Elinor Schott
Jennifer Scribner
Glynn and Merrill Sewer
Ginger Seybold
Lynn Shimamoto and Donald Brubeck
Larry and Karen Sims
Mark Sollitto
T. Sollitto
David and Darlene Sowers
Alison Spanner
Martin Stabler and Connie Corcoran
Dan Stage
Robin Stern
Susan Stimac
Gordon Strand
Kathy Ann Strand
Ashley Studerus
Terra Sullivan
Mistelle Taylor
Patrick Tefft
Eugenia Terry
Nicole Tessier
Valerie Thiel
Sara Thorup
Larry and Irene Tilford
Margaret Trahar
Ginny Trethewey
Ann Truax
Patricia Unknown
David Von Gehr
Stephen Wall
Suzanne Wall

Jeff Wallace
Virginia Fraser and Philip Walroth
Sean Walsh and Alice Hauschka
Delia Ward
Scott and Susan Ward
Linda Whiteside
James and Mary Lou Wickwire
Linda A Wiley
Jim Wilson
Karen Winston
Paul Woods

In-Kind

ACT Theatre
Alaska Airlines, Inc
Anthony's Restaurants
Apex at Alder Ridge
Armadillo Catering
AT&T
Ballard Blossom
Bertschi School First Graders
Canlis
Central Cinema
Central Co-Op Madison Market
Costco-4th Ave
Deschutes Brewery
Dimitriou's Jazz Alley
Emerald Downs
Everett AquaSox
Garage
Georgetown Brewing Company
Green Mountain Coffee Roasters, Inc
Heavy Restaurant Group
Holy Rosary
Hotel 1000
Ivar's Restaurant
Jet City Improv
John Howie Restaurants
KidsQuest Children's Museum
Lucia
Marbles the Brain Store
Niccola Milner
Sheila Morrison
Museum of Flight
Museum of Glass
Ogden Murphy Wallace
Our Lady of Fatima
Sarah Parsons
PCC Natural Markets
Pike Place Brewery
QFC Rainier
QFC University Village
Ravenna Bloom
Ray's Boathouse, Cafe & Catering
Alan Stay and Catherine Schrup
Seattle Mariners, Community Relations
Seattle Musical Theatre

Seattle Seahawks
Seattle Sounders FC
Seattle Symphony
Community Connections
Seattle University
Students and Faculty
St. Andrews Episcopal Church
St. Matthews
Earl and Charyl Sedlik
Starbucks in Roosevelt Square
Tutta Bella Neapolitan Pizzeria
United Way of Pierce County
University Presbyterian
W Hotel Seattle
Sean Walsh
Ward Johnson Winery
West Seattle Nursery
Whole Foods - Ravenna
Woodland Park Zoo
World Sports Grille

IN MEMORY OF

ANN P. ABRUZZO
Kathleen Ferrari

VERA APPENZELLER
Marla and Bob Becker

ELAINE ATKINSON
Denise Klein

PATRICIA BAXTER
Rachel McLellan

ROSE BLUM
Ruth Bond

EARL BOSCH
Amy Bosch

THELMA CAPLAN
Thelma Coney

LAURA M COOK
Alyson Cook Stage

GRANDPA CRANDALL
Meghan Crandall

BARBARA DAVIDSON
Sam Davidson

WILDA ERBEN
Edie Neeson

MARY FALLON
Patricia Fallon, PhD

NAN FAWTHROP
Eileen Schock

MICKEY FERRY
Blake Pottle

ISABELLA FRANCO
Felicita Irigon

JOAN GIBSON
Hazel B. Benson
Jeff Bradt
Mike Brandeberry
CKG Legal Counsel
Kelly Cody
Kathleen and Tom Cunningham
Mark and Patti Dahlman
Nancy Dapper
Karen Daum
Celia Davis
Sureyya Dikmen, PhD
Sheri Dofelmier
Jane Durrant

Charity Eleson
Fidelity Charitable
Gift Fund
Simone Bruyere Fraser
General Mills Snack Division
Donald Gibson
Nora Gibson
Peter Gibson
Kenny Hiser
Linda Kloosterboer
Meggie LaValley
Anne and Stewart Moore
James Murphy
Margie and Jeff Nomi
Beverly Pizzano
Pyramid
Communications
David Schiff
Mary Turke
Barb Gallogly and Stuart Turner
Virginia Fraser and Philip Walroth
Jim Wilson
Brian Wong, MD

MARIA AND LEO GONZALEZ
Jeff Lepis

BOB HAENKE
Cecilia Matta and Casey Riske

ELMER HARMON
Angela Rideout

SHARON HENSHAW
Rich Henshaw

ROSE HOLTMAN
Jerry Bisceglia
Colleen Chardos
CRB Inc.
Thomas Grava
Frances Holtman
Susan Bryant and James Kruiderier
Debra and Drew Lowe
Victor and Maria Morassi
Kristy Peterson
Anja Porto
Patricia Porto
Mark Sollitto
T. Sollitto

KIM IN SUP
Kathy Choi

TED AND EVA KOLLAR
Mary and Al Kollar

MARVIN LAMBERT
Elisabeth Buchman

ARIA LARSON
Mariam Larson

DOROTHY LEACH
Anne Fiske Zuniga

MICHAEL 'ART' LEO
Kathie Flood

PHILIP MARSHALL
Amy Delay

JERALD T. MEARS
Marlene Mears

RUTH ANN MITCHELL
Nancy and Jim Lemery

MICHAEL L. MOTT
Janet Mott

THERESE AND GIRARD NEFCY
Chris Nefcy

PATSY BELLE BUCHANAN
Lisa and Ben Wolters

SANFORD VANDERHYDE AND MARGARET RANEY
Susan and Marshall Bugge

FUMIKO RHODES
Kent Rhodes

JAN ROBERTS
Linda Whiteside

MARGARET KATHRYN SCHOENSTEIN
Theresa Fenton

EVA AND JOHN SCHOOLEY
Mike Scott

ROY E. SCULLY
Greg Scully

SCOTT A SHEPHERD
Lynn Shepherd Nelson

RUTH SPENGLER
Dennis Dooley

MARY LEE AND DAVID THORPE
Chris Addicott

ALEX TOTH
Jennifer Henning

JONATHAN TRAHAR
Margaret Trahar

DORIS TYNDELL
Earl and Charyl Sedlik

P ALONZO VELASQUEZ
Anonymous

CLARENCE J. WALL
Stephen Wall

RITA WEILER
Veronica Bernhard

DAVE AND RUBY WOODS
Marlene Price

IN HONOR OF

MARI BECKER
Cecily Kaplan

MIKE AND SUE BRANDEBERRY
Jim and Mary Figel
Dennis McCormick
The Cutler Trust

BRIAN CUMMINS
Carol Dee Cummins

PAT DUNDON
Mary C. Wolney

KATHERINE DYCKMAN
Mary Kay Dyckman

STEVE EMMER
Tegenu Negi

ANN MARIE ENGLISH
Kate Maloney

FULL LIFE STAFF
Carol Dee Cummins
Amy Roraback

JOE GAFFNEY
Michael and Lauren Cohen

NORA GIBSON
Patricia Hunter

CHRIS GOODBOY
Roberta Goodboy

NATE VAN DUZER AND KARIN HOLMGREN
Michael Harthorne
Scott and Susan Ward

DAVID JAEGER
Jack and Maralyn Blume

HARINDU KAUR
Veena Gandham

MEGGIE LAVALLEY
Rosemary Coleman

JOSEPH LOTTER
Kathleen Burns and Brian Olendorf

SISTER MARGUERITE MAGUIRE, SNJM
Sister Anne Herkenrath, SNJM

ANNE AND RICHARD MCMULLIN
Dianne McMullin

JEFF AND MARGIE NOMI
Tom and Marci Hanan
John Ochsner

DOROTHY OSBORN
Jen Osborn

GLADYS PROCTY
Jane Johnson

JAY RIFFKIN
Lisa and Richard Dykstra

KAY ROBINSON
Tom and Jeanie Robinson

GUNNAR IVO RODEN
Inga Roden

STEVE AND TERRI RORABACK
Jenny Roraback-Carson

BETTY SANDERS
Dorothea Hayes

LOIS MCDERMOTT AND DAVE SELLINGER
Nathan Billig
Lee Ann Campbell
Ellen and Arnold Greenstein
Sarah and Steve Hauschka
Jennifer and Brent Herrmann

DARLENE SEWELL
Janice Johnson

SHIRLEY SHAPIRO
Cheryl Murfin

MARTEEN K. SUNESON
Suzanne Suneson

BUDD THOMPSON
Brittney Bowles

STEPHANIE TYSON
Valerie Nelson

GAYLE UNDERWOOD
Doug Brieley
Laura Kokesh

MARJ WENDELL
Danielle Wendell

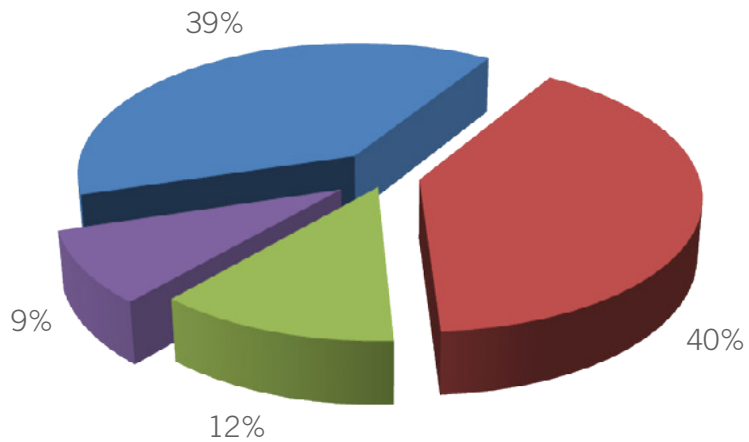
Expenses reflect 90 cents out of every dollar going directly to programs and services.

Our audited financial statement is available upon request.

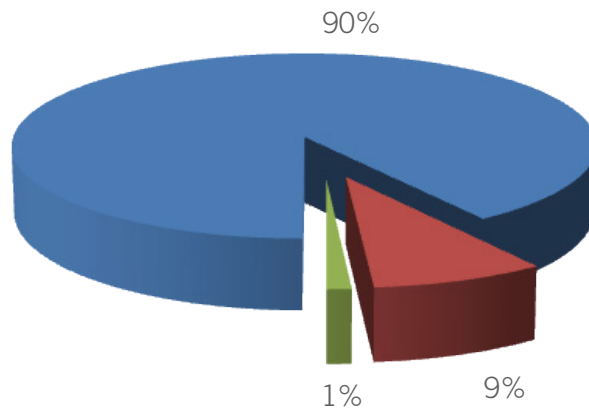
REVENUE \$11,866,351

EXPENSES \$10,889,706

Expenses by Programs



Functional expenditures



Full Life provides fiscally-sound solutions to the long-term care needs of the most vulnerable members of our community: those who are frail and low-income.

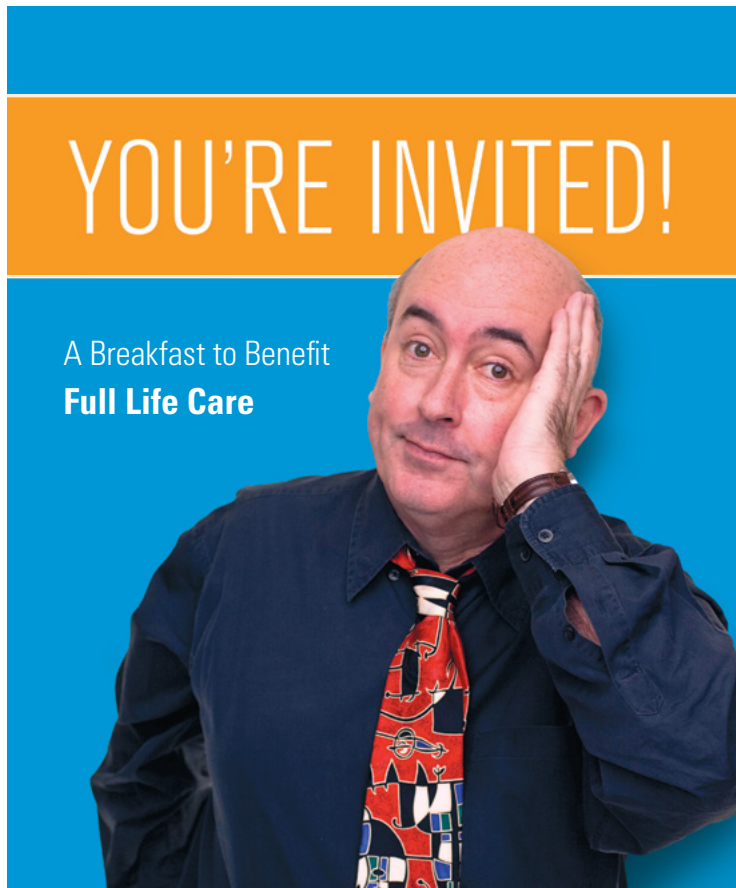




800 Jefferson Street
Suite 620
Seattle, WA 98104

Address Service Requested

NONPROFIT ORG.
U.S. POSTAGE
PAID
SEATTLE, WA
PERMIT NO.2099



THURSDAY

October 9, 2014

7:30 am - 9:00 am

Seattle Sheraton, Downtown

Featured Guest: John Keister

John Keister has worked in Northwest media for the past 30 years. He is best known as the host of the iconic Seattle television show *Almost Live*. During *Almost Live's* run on KING TV and Comedy Central, Keister received 10 Emmy Awards. His work has appeared on HBO, Fox, Discovery Channel, History Channel, and PBS. Currently, Keister teaches scriptwriting at The Art Institute of Seattle and is a writer and performer on *The [206]*.

Master of Ceremonies: Dick Foley

RSVP by October 1, 2014:

MeggieL@FullLifeCare.org or 206.224.3749

More info at: FullLifeCare.org/breakfast

Suggested minimum donation: \$150

CHAIR Karen Lewis-Smith **CO-CHAIR** Maneesha Lall