



Full Life™



Annual Report

Full Life in 2015

An Annual Report to the Community

Board of Directors

Jesse Bond

President

Jeff Nomi

Treasurer

Mike Olson

Secretary

Kathie Flood

Christopher Henderson

Frances Holtman

Jeff Idler

Barbara Isenhour

Maneesha Lall

Karen Lewis-Smith

Jane Pearson

Jay Riffkin

Brian Thompson

Julie Whitley

Nancy Worssam

Ron Wright

Advisory Board

Bob Anderson

Mike Brandeberry

Diane Kenny

Joe and Terri Gaffney

Jim and Leslie Kerr

Betty Sanders

Mike Scott

Brian Wong, MD

Nancy Hooyman

Full Life Care

800 Jefferson Street

Suite 620

Seattle WA 98104

DONATIONS: 206.224.3749

PROGRAMS: 206.528.5315

www.fulllifecare.org

www.facebook.com/fulllifecare

www.youtube.com/fulllifecare

www.twitter.com/fulllifecare



MISSION

Full Life Care is dedicated to enhancing the quality of life for frail elders and people with chronic or terminal illnesses and disabilities. We respect the dignity of our participants and provide for them with care and compassion.

We are committed, through our program of health and social services, to the independence and well-being of all participants and to providing respite for caregivers.

VISION

Full Life is working toward a future where adults with serious illnesses or disabilities can be supported in the community rather than living in isolation or needing to resort to institutional care.

Message from the Leadership

Several years ago, Full Life Care contracted with DSHS to start Roads to Community Living, a program designed to secure housing and support services for people who are “stuck” in nursing homes and hospitals. Based on our success with this program, we were asked to expand to address one of our region’s most pressing needs: individuals who are at risk for losing their housing.

For example, we recently worked with a woman who has a traumatic brain injury and lived in an apartment with her husband, who was also her caregiver. When he passed away, she slipped through the cracks of social services for a couple years. Unable to properly take care of herself, her health steadily deteriorated, her apartment became a public health hazard, and she was facing eviction. Roads to Community Living was brought in at the eleventh hour, connected her to a physician, new housing, and ongoing support services. This was a life-saving intervention.

We have a steady stream of at-risk clients whose lives depend on the creativity and perseverance of our highly trained staff. Full Life is extremely fortunate to have such dedicated and enthusiastic teams throughout our other programs as well: Adult Day Health, Home Care, Solstice Behavioral Health, ElderFriends, Care Consultation, and Memory Care Assisted Living.

With our growing programs we increased revenue in 2015. We hired a new CFO to ensure our continued growth is properly supported. We’ve re-evaluated some of our stale accounts receivable and decreased lag time of our accounts payable.

In Seattle’s premium real estate market, one of our assisted living residences – the low profit-margin Gaffney House – is unable to provide the profit necessary to underwrite a loan extension on the property. While we are saddened to close the home sometime in 2017, we take solace knowing it has been cherished by hundreds of individuals – residents and family members – over the last dozen years.

While our books reflect a loss in 2015, our diligent budgeting process in 2016 returns the agency to financial stability. Less brick-and-mortar allows us to dedicate our resources to the continued growth of our community-based programs for elders and persons with disabilities.

Your ongoing investment in Full Life Care helps us meet the needs of the thousands of families who rely on our programs. We are extremely grateful for your continued support.



A handwritten signature in black ink that reads "Jesse Bond".

Jesse Bond
President, Board of Directors



A handwritten signature in black ink that reads "Nora Gibson".

Nora Gibson
Executive Director

JOIN WENDY LUSTBADER FOR BREAKFAST ON OCTOBER 27, 2016



Wendy Lustbader is nationally renowned in the field of aging and a popular speaker and storyteller at conferences throughout the United States and Canada. Her latest book is *Life Gets Better: The Unexpected Pleasures of Growing Older*. Dr. Bill Thomas, a tireless advocate for improving elder care, calls this book “deeply insightful and remarkable.”

It's not too late to reserve your seat or table. Please RSVP to Erin Rohan at erinr@fulllifecare.org or 206.224.3749.

Event details on back cover.

SPONSORS

VISIONARY

The Bedside Trust

AMBASSADOR

Dorsey & Whitney, LLP
Group Health Cooperative

BENEFACTOR

Alzheimer's Association – Washington
Brain Injury Alliance of Washington
Care Partners
Dussault Law Group
Era Living
Jeff and Leah Idler
Barbara Isenhour and John Strait

Nora Gibson
Karen Lewis-Smith and Steve Smith
Merchants Parking /Transia
Ron Wright & Associates/Architects, P.S.
SEIU Healthcare 775NW
Slalom
Sprague Israel Giles, Inc.
Julie Whitley
Nancy Worssam
Washington Dental Service Foundation

FRIEND

Clark Nuber PS
Neurological Vocational Services
Valic

BY THE NUMBERS

WHO WE SERVE

69%	Caucasian	53%	Older Adults (62+ years)
18%	African American	45%	Adults (25-61 years)
6%	Asian or Pacific Islander	2%	Younger Adults (18-24 years)
5%	Hispanic or Latino		
2%	Native American		

ADULT DAY HEALTH

735 participants received 58,231 days of service provided at centers in King and Snohomish counties.

CARE CONSULTATION

Our care consultants worked with 70 families on issues related to eldercare and multiple sclerosis.

MEMORY CARE HOMES

32 persons living with Alzheimer's disease or other dementia resided at our assisted living homes, Gaffney House and Buchanan Place.

SOLSTICE BEHAVIORAL HEALTH

Solstice provided mental health services to 400 clients and behavioral health interventions to 150 Roads to Community Living clients.

VOLUNTEERS

484 individuals and groups contributed 14,360 hours valued at \$329,278.

18 full-time service members gave 17,485 hours of service valued at \$403,378.

HOME CARE

260,000 in-home hours were provided to 550 clients.

ROADS TO COMMUNITY LIVING

Our staff provided 10,000 hours to more than 400 low-income older adults, helping them transition from institutional settings into safe and stable housing.

SERVICE COORDINATION

9,000 hours of service coordination and case management supported more than 450 Seattle Housing Authority residents.

PEER MENTORSHIP

Provided more than 2,400 hours of training to more than 200 home care workers.



SUPPORTERS COMING TOGETHER FOR OUR 2015 EVENTS

BEER FOR A CAUSE—APRIL 23, 2015

Over 500 Full Life supporters gathered at a new venue, Aston Manor, for our annual Beer for a Cause event. Guests enjoyed a variety of locally crafted beer, cider & fine wine and had the opportunity to win amazing raffle prizes including dinner at Canlis and a weekend getaway to the Oregon coast. Event co-chairs Frances Holtman and Cheryl Swartz did a fantastic job planning and helped Full Life raise over \$36,000 to support our programs and participants.

A big shout-out to our MC, Brian Osborn, for his hard work behind the DJ booth, as well as our major sponsors Georgetown Brewing Company, Slalom and Aston Manor.



Top: Event DJ and MC, Brian Osborn, rocks the house with great music! **Bottom:** Committee members and volunteers sell our commemorative golden goblets. • Event Co-Chair, Frances Holtman, poses with husband, Eric.



Clockwise from top left: Jennifer Kelly, moves the audience with her band's performance of "The Journey," inspired by her father's experience with Full Life Care.

• Executive Director Nora Gibson and Board President Jesse Bond • Ann Hedreen, featured speaker, with her co-filmmaker husband, Rustin Thompson. • Board Member, Jeff Nomi, shares a laugh with a few of his guests.

BENEFIT BREAKFAST—OCTOBER 22, 2015

Full Life hosted 630 people at our annual benefit breakfast; our guests generosity helped us raise over \$205,000 to provide essential services and programs for frail elders and persons with disabilities in our community. Author and filmmaker, Ann Hedreen, spoke on the meaning of compassionate caregiving and touched the audience with passages from her memoir, *Her Beautiful Brain*. Jennifer Kelly inspired tears with her performance of a song she wrote in honor of her father, a former resident of Gaffney House. A big thank you to all of the families and caregivers who were featured in our video, all of our event sponsors and event chairs, Maneesha Lall and Julie Lemery.



DONORS

THANK YOU TO OUR VERY GENEROUS DONORS

GIFTS JANUARY 1 THROUGH DECEMBER 31, 2015

\$10,000 +



Benevity
Chicago Title Company of Washington
Foster Foundation
Nysether Family Foundation
Old Republic Title & Escrow, Ltd.
Melissa Ries and Patrick Kennedy
Peggy Skow
The Seattle Foundation
United Way of King County
United Way of Snohomish County
Wockner Foundation

\$1,000-\$9,999

Alzheimer's Association Washington State
AT&T United Way/ Employee Giving Campaign
Doug Barrett
Bill & Melinda Gates Matching Gifts Program
Jesse Bond and MaryPat Heily
Brain Injury Alliance of Washington
Mike and Sue Brandeberry
David and DeeAnn Burman
Cannonball Industries
Sally Clark
Lenore Cote
Mary DeMange
Dorsey & Whitney Foundation
Era Living
Ernest R. and Audrey M. Turner Foundation
Fidelity Charitable Gift Fund
Russell Glaeser and Kathleen Flood
Barry and Melinda Franklin
Daniel and Mareth Fulton
Terri and Joe Gaffney
Ed Bulchis and Theresa Gallant
Georgetown Brewing Company
Sandy Kropp and Thomas Grava
Lisa Bergstrom and Rush Green
Group Health Cooperative Harrington- Schiff Foundation
Eric Peterson and Frances Holtman
John Strait and Barbara Isenhour

Jonathan Jaramillo
Maneesha Lall and Mukesh Karki
Kawabe Memorial Fund
Mary and Al Kollar
Camille Gibson and Stephen Kotvis
Jane and Peter Lamb
Dorothy Hall and J.J. Leary
Julie Lemery and Greg Stern
Jerry and Marguerite Lewis
Karen Lewis-Smith and Steve Smith
Lucky Seven Foundation
Merchants Parking Association
Dean Michelson
Microsoft
Jean Moore
Lisa Anne Nelson
Gwen and Russ Nomi
Northwest Protective Service Inc
Paul Glaser Foundation
Susan Payne and Ben Porter
Phinney Neighborhood Association
Jay and Courtney Riffkin
Ron Wright & Associates/ Architects, P.S.
Kirsten Johnson and David Rothrock
Betty Sanders and Bruce Carter
Brighu Sareen
Alan Stay and Catherine Schrup
Seattle Police Employee's Charity Fund
SEIU Healthcare 775NW
Lois McDermott and Dave Sellinger
Slalom Consulting
Scott and Ashley Slater
Gayle Green Smith
Sprague-Israel-Giles, Inc.
Linda and Patrick Tessier
Steve and Tricia Trainer
Tulalip Tribes, Quil Ceda Village
United Way of King County Employee Giving
Washington Dental Service Foundation
Washington State Combined Fund Drive
Washington Women's Foundation
Teresa Webley
Robert Weinsheimer and Kari Palmer
Julie Whitley
William L.E. Dussault P.S.
Brian Wong and Cindy Gok
Nancy Worssam
WSECU
Serene Yelle

\$500-\$999

AIG Matching Grants Program
Douglas and Jan Albright
John and Sandy Barney
Bob Johnson's Pharmacy, Inc
Erik Bond
Rodney Tong and Lee Bradley
Connie Buhl
Tom and Margo Bykonen
Larry and Jeana Campbell
Manny Chao
Barbara Cochrane
Costco Wholesale
James Degel and Jeanne E Berwick
Jesse Durham
Lisa and Richard Dykstra
Nancy Faulkner
Kathleen Ferrari
Susanne Wagner-Fischer and Jens Fischer
Jim and Patricia Fitzgerald
Bob Fraser, PhD
Rodney Fujita
Nora Gibson
Shelley Easter Gill
Joe Grachek
Andrea J. Gregg
Vicki Haberman
Darren Hamby
John and Sandra Hanley
Bob and Alisa Hashimoto
Sarah and Steve Hauschka
Hewlett Packard
John M. Hopkins
Peggy and Rick Hudson
Bill Jaback
Janice Johnson
Harry and Eileen Jones
Kay Peters and Larry Keil
Daphne Kelley
Paul Kelly
King County Employee Giving Program
Kathy and Mike Kirwan
John and Judy Lavelle
Jill and Jeff Lum
Patrick Malley
Michael and Rosemary Mayo
James and Annie McCarthy
Caitlin McCormick
Curry Gibson and Dave McDorman
Dianne McMullin
Medtronic
Hirani Mukkala
Edgar Neely, III
Neurological Vocational Services
Barbara and Kaare Ogaard
Partners In Care
Kristy Petersen

Michael and Alison Pollowitz
Tim Renn
Diane Reus
Thomas and Janice Robinson
James Shaker and Susan Roe
Jenny Roraback-Carson and Ryan Carson
Roger Rupp
Francie Rutherford
Erik and Maureen Sabiers
Bill Seach
Dwayne and Lorelle Shearer
Joe and Sue Simmons
Bob and Faith Slater
George and Kathy Smith
Peter Spurging
Jen Steele
Kristine and Matthew Sweeney
Brian Thompson
Katherine Timar
Kate Turpin
Karin and Nate Van Duzer
Patrick and Mary Welch
Suzanne Westcott
Windermere Real Estate Midtown

\$100-\$499

Tom Abbott
Janet Abel
Steve and Carol Abel
Acrowood Corporation
Alan Adams
Amazon Smiles
Brad Anseth
Garth and Lisa Arnold
Denney Austin
John and Heather Babiak-Kane
Rose Bacina
Sally and Brad Bagshaw
Denise Bakken
Bank of America
United Way Campaign
Adam Barley
Valerie Barnett
Sybil Barney
Connie Bartolome
Carolyn Barton
Gabriela Hoyos and Randal Bass
Jack Bautsch
Vincent Beatty
Marigrace Becker
Susan Beller
Bennett & Bennett
Deborah and Richard Berger
Tracy Billington
Don Black
Barry Blanton
Jack and Maralyn Blume
Boeing Employees Community Fund

Aric and Ivy Bomsztyk
James and Jennifer Booth
Courtney Bowman
Stephen Smith and Charlene Boyd
Pierre Bradette
Dan Branley
Joanne Brekke-Selk
Jane Brem
Peter Brennan
Dail Bridges
Barry and Patricia Briggs
Lisa Brodoff
Joshua Brothers
Kim Folger Bruce
Christine Campbell and Dave Budd
Susan and Marshall Bugge
Charlie Burdell
R A Bushley
Danielle Butz
Kathleen Caldwell
Carla Calogero
Dan Cantrell
Raphael Cariou
Bruce Carlson
Aileen Carothers
Lauren Cathey
Center for Spiritual Living
MaryAnne Chandler
Martin Chvoj
City of Seattle
Shared Fund Drive
Michael J Cockle
Mary and Bob Code
Molly Cohan
Michael and Lauren Cohen
Judy Collier
Alexandra Comstock
Pamela Cook
Elizabeth and Scott Coplan
Jim Coughlin
Kerry Coughlin
Rebecca Crichton
Sten Crissey
Tara Cristobal-Rivera
David Cromwell
Kathleen and Tom Cunningham
Evelyn Dahlman
Mark and Patti Dahlman
Shawn D'Amelio and Jeanne Coeuvre
Nancy Dapper
Jane Davis
Jennifer Deger
Anne DeMelle
Jerry Dewitt
Marc and Debbie DiJulio
Mike Dudley
Steve Dunaway
Jeffrey Duncan
Margaret Duncan
Rebecca Dunning
Andrea and Douglas Durbin

David and Leanne Durham
Ruth Egger
Elderwise
Samantha Erb
Ceil Erickson
Mary Caitlin Fahey
Kevin and Tammy Farrell
Rena Ferretti
Jim and Mary Figel
Paul Fitterer
Richard Foley
Michael Fors
Tom Fraser
Ellen Frechette
Amy French
Frye Art Museum
Veena and Ravi Gandham
Benjamin and Jill Gauen
Carver and Carmen Gayton
Christina Gehrke
Tony and Amy Gepner
Billy Gibbs
Andrew Gibson
Bill Gibson
Mary Turke and Alex Gibson
Peter and Tiffany Gibson
Alison and Ron Gillespie
Gayle Glass
Lonnie Goodell
Madeline Grant
Kris Greco-Thompson
Julie Gutenplan
Scott Haberman
Nancy Hadley
Marjorie Hampton
Kathi Hand
Alice and Thomas Hanson
Alison Mandaville and Doug Harkness
Harnish Paymaster, LLC
John Harrison
Terry Kimura and Glenn Hasagawa
Christopher Henderson
Rick Henshaw
Beda Herbison
Lloyd Herman
Jennifer and Brent Herrmann
Cheri and Brett Herzer
Jessica Herzer
Melinda Hews
Michael Hickey
Hickman Menashe, P.S.
Brian Francis and Emily Hilderman
Rich Hill
Cynthia Hinder
James Hirst
Tana Lin and Paul Holland
Theresa and Randy Hollis
Kayla Hoover
Nancy Hooyman

GIFTS JANUARY 1 THROUGH DECEMBER 31, 2015

THANK YOU TO OUR VERY GENEROUS DONORS

Jimmy Horn
 Hornall Anderson
 Design Works LLC
 Paula L. Houston
 Lauren Hudspeth
 Patricia Hughes
 Hannah Hwang
 Walter Impert
 Ann and Mike Imus
 Patsy and Tom Jacoy
 Nick James
 Darrell H. Jesse
 Lee Jiles
 Tim Johnston
 Carmen Jones
 Jennifer Lee Jones
 Loretta Juarez
 Cecily Kaplan
 Sheryl Begoun and
 Stuart Kaufman
 Jennifer Kelly and
 Gerry Scully
 Judy Kennedy
 Dennis and Diane Kenny
 Ashu and Sara Keto
 Amanda Kirangi
 Vernon Klassen
 Denise Klein and
 John Knudson
 Doris Koo
 Margaret Kramer
 Tek Kuong
 George and Viki
 Kychakoff
 Mathias Ricken and
 Jennifer Kychakoff
 Brian Ladyman
 Jonas Larance
 Lawless Partnership, LLP
 Andria Lazaga
 Harriet LeClair
 Richard E. Leigh, Jr.
 Nancy and Jim Lemery
 Jay Leon
 Karen Lewis
 Michael Lewis
 Pat Lewis
 Liberty Mutual Group
 Ann-Marie Lindboe
 Elisabeth Lindley
 Joan Loeken
 Richard Loo
 Karen Lovell
 Debra and Drew Lowe
 Wendy Lustbader
 Kent Opheim and Anne
 Marie Lynn
 Ken and Alisa Malloch
 Laurie Mann
 Kathleen Mar
 Kristi Mathisen
 Sourabh Mathur
 Lisa Mayfield
 Jennifer and Peter
 McAuliffe
 Dennis and Monica
 McCormick
 Joe McDermott
 Jerry McDevitt
 Ross McDorman
 Irene McDowell

Emily Meade
 Michael Meland
 Jeffrey L. Melville
 Sandy Merchant
 Jeff Boyer and
 Karen Merrikin
 Denene and Doug
 Millard
 Karin and Richard Miller
 Lauren Miller-Lemon
 Susan Mitchell
 Tretsuo and Linda Miyata
 Victor and Maria Morassi
 James and Sheila
 Morrison
 Janet Mott
 Judith Mounsey
 Kristin Munger
 Claudia Myers
 Wendy Nathan
 National Multiple
 Sclerosis Society, Greater
 Northwest Chapter
 Tegenu and Meti Negi
 Deane and Valerie
 Nelson
 Peter Newbould
 Kelly and Stuart Nissell
 Cicily Nordness
 Mendi Norris
 Northwest Elder Law
 Group
 Cindy and Mike O'Brien
 John Ochser
 Ogden Murphy Wallace
 Terry O'Keefe
 Older Women's League
 Sheri Olsen
 Clare O'Regan
 Jen and Brian Osborn
 Marjorie Osterhout
 Outerwall, Inc.
 Matthew Paddock
 Doug and Debbie Palm
 Donald Parda
 Judith Parker
 Dallas and Ann Pasley
 Suzanne Pedersen
 Garo Pehlivanian
 John and Carol Penny
 Kavan Peterson
 Ken Petroff
 Kelley and Kent Phillips
 Pam Piering and
 Donald Hopps
 Josh Piper
 Huda Piruz
 Allison Plavecski
 Joe Plouf
 John Policar
 Maria Polich
 Mike Pollack
 Tom and Kerri Pollock
 Steve Polyak
 Tom Polzin
 Carol Potter
 Melissa Putman
 James Quick
 Rafe Quinn
 Lauren Rainwater
 Phillip Raymond

Charissa Raynor
 Barbara Reeb
 Rona and Stephen Reed
 John and Maureen Reid
 Kenneth Riffkin
 Marilyn Ring-Nelson
 Russell Robinson, Jr.
 Chris Roe
 Vernon Ross
 Dale Roth
 Carla Routhier
 Shalom Rubdi
 Donald Rubenstein
 Jill Rulkoetter
 Bernard Russell and
 Robin Fleming
 Allen Safer
 Judy Sarafin
 Mary Beth Schoen
 Jacob Scholl
 Ronald G. Scott
 Senior Sidekick
 Glynn and Merrill Sewer
 Ginger Seybold
 Meaghan Shaker
 J. Russell Shust
 Patricia Siggs
 Silicon Valley
 Community Foundation
 Jenny Slater
 Nancy Slote
 Carrie and David Smith
 Richard Sontgerath
 Carol Sorbie-Backus
 Christine Spengler
 Samuel Sperry
 David and Marti Spicer
 Alyson Cook Stage
 David Darby and
 Constance Standish
 Gordon and Mary
 Starkebaum
 Melissa Stevens
 Vincent Stevens
 Kathy Straub
 Suzanne Suneson
 Elizabeth Super
 Molly Swain
 Elena Swartz
 Gary Swearingen
 Lauren Sytsma
 Greg and Gayle Szalay
 Ann Hedreen and
 Rustin Thompson
 Hilaire Thompson
 Emily and Zachary
 Thorpe
 Jennifer Tice
 Brittany Tinker
 Jane Tornatore
 Susan Tuller
 George Twiss
 Nichole Uber
 Rick and Martina
 Vahlberg
 Stephanie Van Dyke
 Diane Venti
 Susan Vestal
 Rufino Virata
 Melinda and Harley Wahl

Alice Hauschka and
 Sean Walsh
 Jean Lynn Ward
 Cynthia and James
 Weaver
 Julia Welch
 Carol Wellenberger
 Danielle Wendell
 Cynthia West
 Linda Whiteside
 Joseph and Donna
 Whitford
 Rebecca Whitmire
 Linda A Wiley, MSW
 William & Mary Little
 Foundation
 Kathryn Williams
 Ernest and Kristin
 Williams
 Russell Williams
 Dan and Annie Wilson
 Richard Wilson
 Mary C. Wolney
 Jay Woolford
 Maria Barrientos and
 Ron Wright
 Anthony Flood and
 Susie Wu
 Allen and Lily Wyler
 Michele Yapp
 Mary and Warren
 Yasutake
 Shannon and Scott
 Youmans
 Sharon and Dave
 Youmans
 Greg Zamudio
 Anne Fiske Zuniga

\$25-\$99

Zac Abel
 Ginny Adams
 Bruce Aitken
 America's Charities
 Nahid Amirchoupani
 Hans Anderson
 Inneke Giovanni Antinome
 Danielle Aumoeualogo
 Ron Ayers
 Amy Bailey
 Caroline Ballaine
 Carl Baron
 Ginny Bear
 Lindsay Beukhof
 Rosemary Blakemore
 Stephen Borlik
 Norward and Violet
 Brooks
 Kristine Broome
 Katrina Bruen
 Andrew Butters
 Madison Buxton
 Melynn Byerly
 Cayce Cheairs
 Alexander Choi
 Steve and Jenni
 Christensen
 Marika Cialdella
 Rosemary Coleman
 Lauren Comitale
 Thelma Coney
 Abigail Cooper

Marjorie Cottom
 Claire Hong and
 David Croxton
 Andrew Damen
 Sarah Davis
 Curtis Drury
 Abigail Eala
 Kelsey Ellis
 Galen Emery
 Pauline Etling
 Hilke Faber
 Jennifer Fairbanks
 William Ferguson
 Sofia Foster
 Simone Bruyere Fraser
 Kevin Friedrich
 Denise Garceau
 Kathi Garrett
 Kenneth Gelhaus
 Sandie Gollofon
 Constance Griffin
 Kathryn Gruber
 Kirsten Gulmann
 Tina Hall
 Helen Halpern
 Merica Halstrom
 Patricia Haney
 Christopher
 Hansen-Murray
 Kim Hardwick
 Susan Hayashida
 Dennis and Karen Hayes
 Dorothea Hayes
 Courtenay Hendricks
 Kristen Hendricks
 David and Elizabeth
 Herrick
 Frederick and Joanne
 Heyler
 Nicole Hill
 Ali Hooks
 John and Pauline Hoyt
 Sue Hugeboom
 Annie K. Jacobsen
 Ann-Margaret Johnson
 Erik Johnson
 Jamila Johnson
 Shirley Johnson
 Suzanne Johnston
 Andrew Jones
 William Jordan
 Lisa Kaucher
 Alice and Judith Keefe
 Charlotte Kelly
 Michelle Kelly
 Negin Kourehpazan
 Ashley Kraft
 Anita Lam
 Meggie LaValley
 Harold and Debra
 Lincoln
 Kristen Lindell
 Kelly Lippi
 Tom Lofgren
 Ed Lopit
 Emily Lukken
 Carin Mack
 Gillian Martin
 Maribeth Martin
 Elizabeth Matzen

Eugene May
 James and Judy McAteer
 Jordan Melograna
 LeighBeth Merrick
 Barbara Miller
 Elisabeth Moscardini
 Elise Mostad
 Choua Moua
 Joe & Mary Ann
 Moushey
 April and Greg Musick
 Corky Muzzy
 Laura Neal-McCallum
 Judy Niver
 Damon Novelli
 Tomi Ohta
 Andrew Cohen and
 James Packman
 Joseph Marks and
 Nancy Parks
 Nori Patnode
 Matthew Peck
 Anne Penny
 Adam Peterson
 Anita Plater
 Natasha Pope
 Blake Pottle
 Shanelle Prepotente
 Angela Prusbrey
 Rachel Prusynski
 Debi Quirk
 Marilyn Raichle
 Cecilia Matta and
 Casey Riske
 Brian and Carolyn
 Robbins
 Mary Ann Robey
 Juli Robinson
 Stefanie Robles
 Joshua Rosen
 Donna Roseveare
 Dolores Rossman
 Seth Schromen-Wawrin
 Katherine Searing
 John and Kathleen
 Shoesmith
 Joe Silver
 Burton and Monica
 Sircoloumb
 Scott Sjodin
 Natalie Smith
 Jessica Snow
 Patricia Spanner
 Connie Corcoran and
 Martin Stabler
 Julie Stangle
 Koren Stark
 Robin Stern
 Theresa Sullivan
 Stephen Sundborg
 Adam Sylvester-Lams
 Steve Tamparo
 Alice Tattersall
 The Redeeming
 Closet, LLC
 Jodee Thelen
 Valerie Thiel
 Faye Tibbs
 Lisa Turner
 Rachel Turner
 Yvo Vandoorn

\$25-\$99
 continued on p. 10

DONORS

THANK YOU TO OUR VERY GENEROUS DONORS

\$25-\$99

continued from p. 9

Laura Watson
Theresa Watson
Jeanie Y Welker
Christine Westerback
James and Mary Lou Wickwire
James Wiediger
Darren Williams
Michael Lee and Nancy Kay Windus
Diane Wood
Dawn Yoshimura-Smith
Katherine Youmans
Adam Zylstra

In-Kind

Janet Abel
ACT Theatre
Cathi Anderson
Anthony's Restaurants
AT&T Redmond-Bothell
Ballard Blossom
Bertschi School
Borracchini's Bakery
Robin Brooks
Cameron Brownell
Canlis
Central Cinema
Central Co-Op Madison
Market
Chihuly Garden and
Glass
Costco
Eddie Bauer
Carmina Edwards
Elements Massage
Elysian Brewing
Company
Emerald Downs
Everett AquaSox
Baseball Club
Evergreen Speedway
Filson
Georgetown Brewing
Company
Sunny Gill
Anne Hay
Teri Hensen
Hilliard's Beer
Holy Rosary Parish
Don Hudson
Jet City Improv
K2 Sports
Kimpton Hotels and
Restaurants
Kinetic 6 Fitness
Mac and Jack's Brewing
Company
Millionair Club Charity
Sheila Morrison
Museum of Glass
Museum of History and
Industry
Anne Neely
Julie Nelson
Kelly Nissell

No. 6 Cider
Margie and Jeff Nomi
Northwest Film Forum
Ogden Murphy Wallace
Our Lady of Fatima
The Pacific Jazz
Institute
Pacific NW Ballet
Pacific Science Center
Parlor Live
Perennial Tea Room,
Inc.
Pie
QFC at Westwood
Village
Ravenna Bloom
Rick Steves' Europe
Safeway
Seattle Mariners
Seattle Musical Theatre
Seattle Repertory
Theatre
Seattle Seahawks
Seattle Symphony
Community Connections
Seattle University,
Students and Faculty
Maureen Spears
St. Andrews Episcopal
Church
St. Matthews
St. Therese Catholic
Academy Students
Starbucks Roosevelt
Square
Sugar Bakery + Café
The Summit at
Snoqualmie
Cheryl and Tim Swartz
Taft Street Winery
Kathryn Tetzloff
Trader Joe's on Madison
Pizzeria
Tutta Bella Neapolitan
Pizzeria
W Hotel Seattle
West Seattle Nursery
Whole Foods
Woodland Park Zoo
Zeta Phi Beta

IN MEMORY OF

ANN P. ABRUZZO
Kathleen Ferrari
HATTIE MAE AYERS
Ron Ayers
CHARLES BRANDEBERRY
Vincent Beatty
Sally Clark
Denise Garceau
Patsy and Tom Jacoy
**MARGERET ANN
CAMERON**
Katherine Searing
BLANKA CHOVOJOVA
Martin Chvoj
NORA CIZIK
James and Annie
McCarthy
JANET VIVIAN CLARK
Gayle Green Smith

**DOUGLAS TERHUNE
COOK**
Pamela Cook
RUTH CORCORAN
Jodee Thelen
GRANDMA GAILEY
Rachel Turner
JOAN GIBSON
Nancy Dapper
Simone Bruyere Fraser
Peter and Tiffany Gibson
Stephen Kotvis and
Camille Gibson
Dave McDorman and
Curry Gibson
Linda and Patrick
Tessier
VAL AND HELEN GOODELL
Lonnie Goodell
RALPH GREEN
Cicily Nordness
**THOMAS HARRY
HENDRICKS, JR.**
Courtenay Hendricks
Kristen Hendricks
ROSE HOLTMAN
Sandy Kropp and
Thomas Grava
Eric Peterson and
Frances Holtman
Kristy Petersen
CONSTANCE IMPERT
Walter Impert
ELIZABETH JAMES
David and Elizabeth
Herrick
JEAN KEIL
Kay Peters and Larry
Keil
KEVIN KELLY
Rose Bacina
Charlotte Kelly
Stephen Sundborg
CATHERINE KORAN
Donna Whitford
MARY ANNE LADYMAN
Brian Ladyman
DOROTHY LEACH
Anne Fiske Zuniga
EMILY LEMON
Lauren Miller-Lemon
**FRED AND ROSE
LINDENMEYER**
Jesse Bond
ELMER "CHUCK" LUCAS
Kelsey Ellis
CHARLES MACKEY
Laura Watson
VINCENT MCBRIDE
Amy French
DON MERCHANT
Sandy Merchant
**JOHN KALFAITS AND
ELLEN MOORE**
Keri Pollock
TRISH MORRISSEY
John Reid
PRIMO MOSCARDINI
Elisabeth Moscardini

KEITH MOUSHEY
Joe & Mary Ann
Moushey
ELIZABETH POHLMANN
Elizabeth and Scott
Coplan
JEAN MCFEE RAICHL
Marilyn Raichle
FRANCES ROBINSON
Deborah and Richard
Berger
**MARY ELLEN AND
MAXINE RUPP**
Roger Rupp
MYRTLE RYE
Norward and Violet
Brooks
Marjorie Cotton
Carver and Carmen
Gayton
Nick James
TONY SCOTT
Valerie Barnett
JOHN SHAMBERGER
Danene Millard
MARCIA SMITH
Northwest Elder Law
Group
**CARINE GREER AND
JULIE SNOGRASS**
Steve and Jenni
Christensen
WALTER STEWART
Joyce Jolly-Sampson
JOHNNIE TEAGUE
Janet Mott
JOAN TRUNK
Patricia Suggs
SIDNEY TURNER
Lisa Turner
JACKIE VAN DYKE
Stephanie Van Dyke
ALICE WARRICK
Michael Lee and Nancy
Kay Windus
SYLVIA WATSON
Serene Yelle
CECIL WEBLEY
Teresa Webley
MARY WHITFORD
Donna Whitford
CYNDY WILSON
Patricia Hughes
IN HONOR OF
HAROLD AITKEN
Bruce Aitken
PATRICIA BALLARD
Nichole Uber
MILTON BARTON
Carolyn Barton
JESSE BOND
Gordon and Mary
Starkebaum
CLAIRE BOYER
Jeff Boyer and Karen
Merrikin
**BRANCH VILLA
COMMUNITY**
Margaret Kramer

**MIKE AND SUE
BRANDEBERRY**
Sally Bagshaw
WAYNE BUTZ
Danielle Butz
**ALISON SPANNER AND
AD BYERLY**
Andrew Butters
Melynn Byerly
Frederick and Joanne
Heyler
Cynthia Hinder
Kari Nelson
GALE CHRISMAN
Suzanne Suneson
NOVA FAITH CIZIK
Bob and Faith Slater
JACK DANIELS
Mike Dudley
PHILIP "FLIP" DIFABIO
Jack Eldridge
JACK DUNAWAY
Steve Dunaway
PAT DUNDON
Mary C. Wolney
LEONARD ECKER
Emily Hilderman
**RACHEL LOCKEN AND
COLETTE FERGEN**
Elena Swartz
KATHIE FLOOD
Ginny Bear
**BROR HAGLUND AND
ANGIE FORTER**
Carla Routhier
FULL LIFE'S CLIENTS
Chousa Moua
FULL LIFE'S STAFF
Doris Koo
Kristen Lindell
Jenny Roraback-Carson
GAFFNEY HOUSE STAFF
Rick and Martina
Vahlberg
NORA GIBSON
Denney Austin
Jane Brem
MARY HOEY
Kristin Munger
FRANCES HOLTMAN
Lauren Hudspeth
Debra and Drew Lowe
MARY HORTHER
Darrell H. Jesse
TONY J. JARAMILLO
Jonathan Jaramillo
JOAN DARLEEN JENSEN
Patricia Briggs
BEATRICE JUNG
Sarah Davis
MARTIN L. KAUCHER
Lisa Kaucher
MR. SUN KIM
Barbara Cochran
MARVIN KRONENBERG
Dennis and Karen
Hayes
Carol Sorbie-Backus

JENNIFER KYCHAKOFF
George and Viki
Kychakoff
HUGH LARKIN
Christopher Henderson
RUBY MACDONALD
Diane Wood
KEVIN MCDOWELL
Irene McDowell
COLLEEN MIYATA
Tretsuo and Linda
Miyata
DOROTHY OSBORN
Jen and Brian Osborn
JEAN PARSONS
Annie K. Jacobsen
NANCY JO PATTERSON
Anne Penny
PATRICIA PAYNE
Susan Payne
BETTY QUICK
James Quick
BILL AND KAY REID
John Reid
JUDY ROBERTS
Lisa Mayfield
BESSIE ROBINSON
Harold and Debra
Lincoln
Anita Plater
Thomas and Janice
Robinson
HORTENSEA ROSSMAN
Dolores Rossman
**RACHEL PRUSYNSKI
AND DAVID RUBENSTEIN**
Donald Rubenstein
DARLENE SEWELL
Janice Johnson
MARTEEN K. SUNESON
Suzanne Suneson
**VIRGINIA MENDOZA AND
SALVACION SYLVA**
Abigail Eala
DOROTHY TALLMAN
Kathy Straub
RITA L. THOMAS
Richard E. Leigh, Jr.
ROBERT S TIMAR
Katherine Timar
STEPHANIE TYSON
Deane and Valerie
Nelson
PATRICIA WALKER
Bill Seach
MARJ WENDELL
Danielle Wendell
DOLORES WHITE
Brian and Carolyn
Robbins
MARY WILEY
Linda A Wiley
**NICK POLLACK AND
ANNALIESE WIRTH**
Kathleen Mar
GORDON WYKES
Alice Tattersall

GIFTS JANUARY 1 THROUGH DECEMBER 31, 2015

FINANCIALS

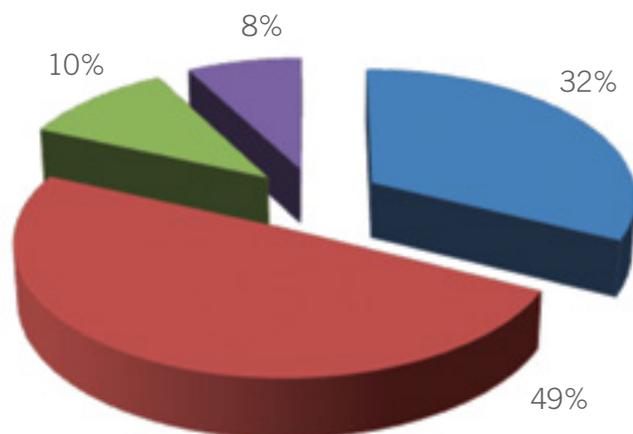
Expenses reflect 90 cents out of every dollar going directly to programs and services.

Our audited financial statements are available upon request.

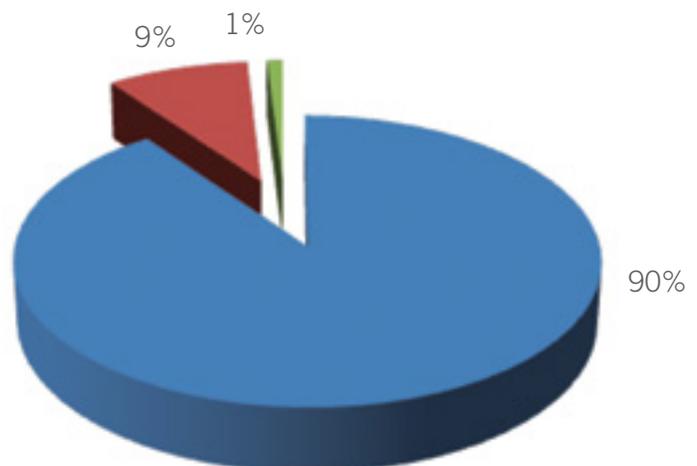
REVENUE \$14,061,546

EXPENSES \$15,198,588

Expenses by Programs



Functional Expenditures



Full Life provides fiscally-sound solutions to the long-term care needs of the most vulnerable members of our community: those who are frail and low-income.



800 Jefferson Street
Suite 620
Seattle, WA 98104

Address Service Requested

NONPROFIT ORG.
U.S. POSTAGE
PAID
SEATTLE, WA
PERMIT NO.2099

YOU'RE INVITED

10.27.16

A Breakfast to Benefit **Full Life Care**

OCTOBER 27, 2016 | 7:30 am – 9:00 am

Seattle Sheraton Downtown | Chair: Frances Holtman



Wendy Lustbader, MSW

is nationally recognized in the field of aging. Her latest book is *Life Gets Better: The Unexpected Pleasures of Growing Older*.

To reserve your seat or table, please contact Erin Rohan:
erinr@fulllifecare.org or **206.224.3749**.

Information: www.fulllifecare.org/breakfast

Suggested minimum donation: \$150

