



Full Life.



2017
Annual Report to the Community

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Mission

Full Life is dedicated to enhancing the quality of life for frail elders and people with chronic or terminal illnesses and disabilities. We respect the dignity of our participants and provide for them with care and compassion.

We are committed, through our program of health and social services, to the independence and well-being of all participants and to providing respite for caregivers.

Vision

Full Life is working toward a future where adults with serious illnesses or disabilities can be supported in the community rather than living in isolation or needing to resort to institutional care.

Full Life Care

800 Jefferson Street
Suite 620
Seattle, WA 98104

Donations: 206.224.3749

Programs: 206.528.5315

www.fulllifecare.org

Full Life Care is an affiliate of



Photos by Barbie Hull Photography

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Message from the Leadership

Dear Friends,

Thank you for your support of Full Life Care! 2017 was a year of growth and positive change as we expanded our services to help individuals remain living in the community as independently as possible.

Full Life Care now operates ten different programs. The people we serve are amazing individuals who happen to be challenged with serious health conditions, disabilities or dementia, putting them at risk of needing institutional care or hospitalization. We focus on giving every person the individualized care they want and need. And we love what we do!

A few major highlights from 2017:

- Our agency **grew by nearly 13%** and served more individuals than any other year in our nearly 40-year history.
- Full Life Care became a **Lead Agency** in the **Washington State Health Home** program. Every month, care coordinators, employed by Full Life and our partner agencies, contact and visit hundreds of King County residents who are high-utilizers of health care. We help each person create and sustain their own Health Action Plan for improved health and safety at a reduction of overall care costs. Sometimes that even means helping the homeless find housing. We are so proud of this powerful new program and will continue to make it thrive.
- Full Life began a **new partnership with Transforming Age**, a strong, not-for-profit organization shaped as a network of services, products and partnerships to enhance the lives of older adults. Locally, Transforming Age provides independent living, assisted living and skilled nursing care. Together with Full Life's array of home and community-based services, we are stronger and able to serve even more people.

Please read on. In the following pages you will find more information about our programs and our people: clients, employees, donors and volunteers.

We do all of this with your support.



A handwritten signature in black ink that reads "Dave Budd".

Dave Budd
Executive Director

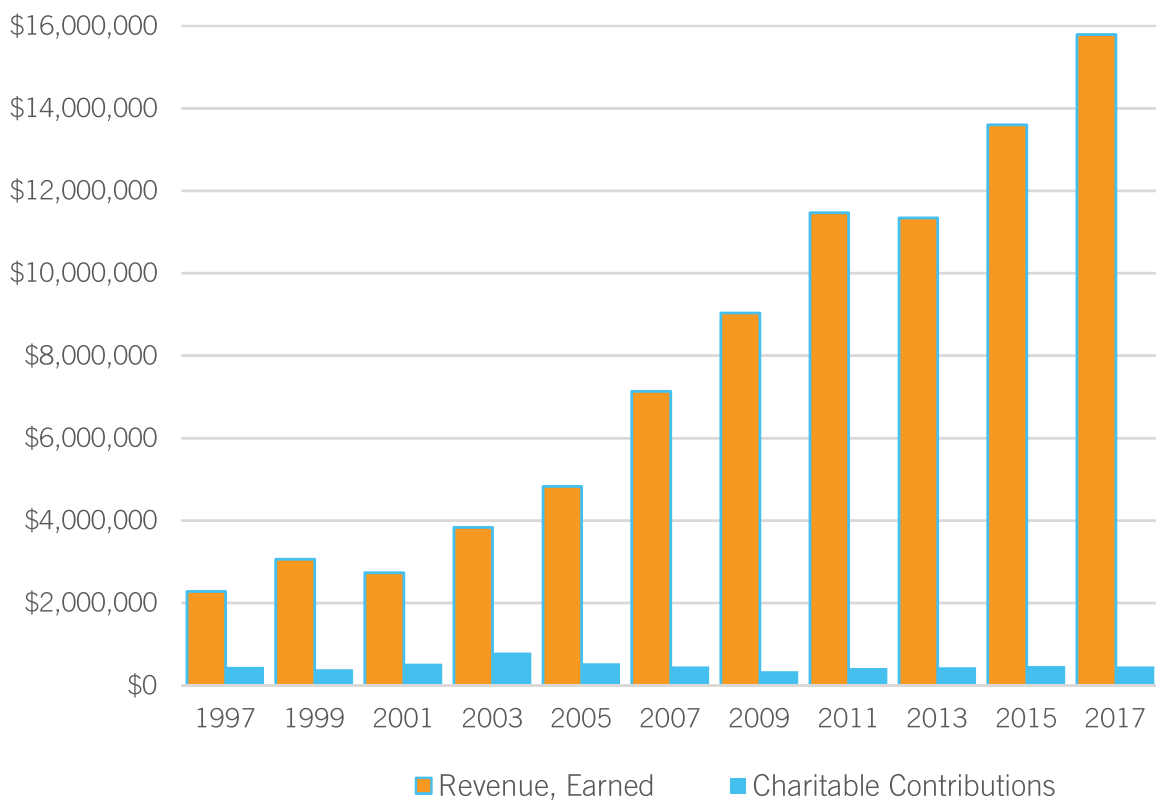


A handwritten signature in black ink that reads "Jesse Bond".

Jesse Bond
Board of Directors

Growth over the Years

From our start as an adult day health program in Seattle, Full Life Care has become a multifaceted agency meeting more needs than ever. **We have grown sixfold over the last 20 years** to provide care annually for more than 3,000 adults with chronic health conditions and disabilities throughout King and Snohomish counties of Washington State.



Charitable Contributions

In addition to earned revenue, which includes public support, your charitable contributions are vital to cover the costs of care. Full Life aims to boost charitable support in the years ahead, as needs have increased. Your donations afford care for our most vulnerable clients—those who have low income and no other way to pay for the services they both need and deserve. At Full Life Care, we never give up on people.

Our Participants



“

I've been coming to Full Life Care longer than I can remember! Even after all this time, I'm still happy to be here with my friends and people who care about me. The staff is always working to make sure everyone is having a good time. My favorite days are when we get to dance for exercise, I love getting the chance to dance.”

— Jen

“

I'm going to walk again, I've been working hard on it. I love Full Life Care because the staff knows about my goal and is always trying to help me reach it. Everyone needs help to accomplish their goals and the staff wants to help. They're good people here at Full Life Care.”

— Todd



“

Before my injury, I used to exercise all the time. I was a boxer and ran for fun, so what I like about Full Life Care is that they help me stay active. They help me work my legs and hands for exercise and they know how much I enjoy it. It feels so nice to be able to exercise again.”

— Hassan



“

I try to knit every morning. It's always the best part of my day. You can make anything you want, that's why I love it so much! The staff at Full Life is always willing to help me with my knitting. They know it's when I'm the happiest and they all always want me to be happy.”

— Theresa



“

It's so great to be able to see my friends at Adult Day Health during the week. The staff here is so caring. They are always asking what I want to do — they aren't telling me what I have to do. I appreciate that they care so much about me.”

— Edward



Showing Support in 2017



Beer for a Cause

April 6, 2017

Friends and colleagues gathered to socialize and donate to Full Life Care during this happy-hour-style fundraiser. Generous in-kind donors brought the excitement with drinks, raffle prizes, and a silent auction. The event committee planned every detail. Dozens of volunteers helped host hundreds of guests. Emcees were Julian Reisenhel and Zach Scott.



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Showing Support in 2017



Benefit Luncheon

October 5, 2017

A significant portion of annual contributions from individuals and corporate donors come through this event. Co-chaired by Frances Holtman and Chris Henderson, our luncheon featured speaker Wendy Lustbader.

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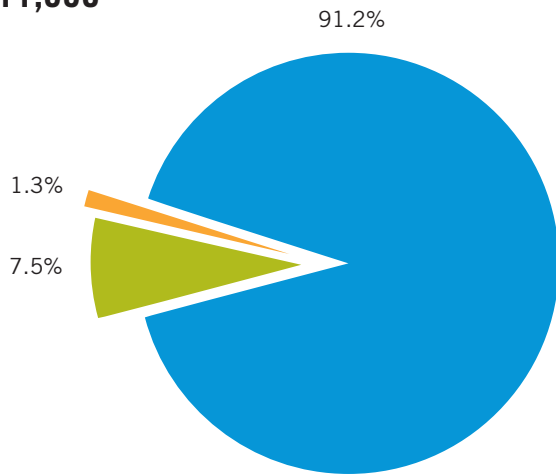
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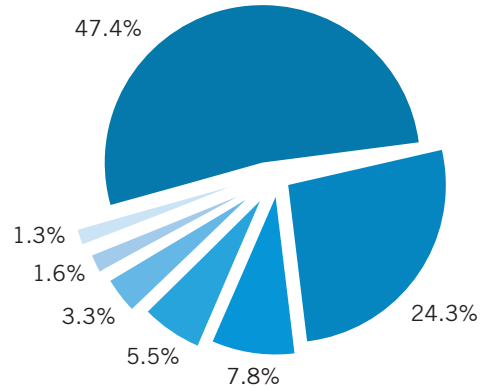
Financials

2017 Expenses \$16,911,650



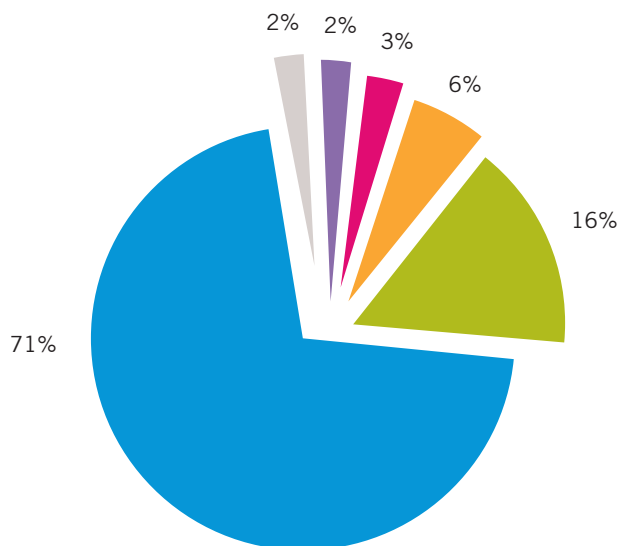
- Program Services, 91.2%
- Management & General, 7.5%
- Fundraising, 1.3%

Program Services



- Home Care, 47.4%
- Adult Day Services, 24.3%
- Memory Care Homes, 7.8%
- Behavioral Health, 5.5%
- Roads to Community Living, 3.3%
- Health Home, 1.6%
- Volunteer Programs & Care Consultation, 1.3%

2017 Revenue \$16,255,716



- Medicaid, 71%
- Public Funding, 16%
- Private Pay, 6%
- Fundraising, 3%
- Client Participation, 2%
- Other Revenue, 2%

Full Life provides solutions to the long-term care needs of adults at home and in the community. Our audited financial statements are available upon request.

**Small Miracles.
Extraordinary Lives.**



Full Life.