Since 1976, Full Life Care has helped thousands of families in Seattle and throughout Puget Sound.





## **FREE CONSULTATION**

Full Life Home Care is offered at Skyline, Parkshore, Fred Lind Manor, and homes throughout King County. To arrange a free consultation, please call us.

206.471.2394 Joji Tanase, Supervisor

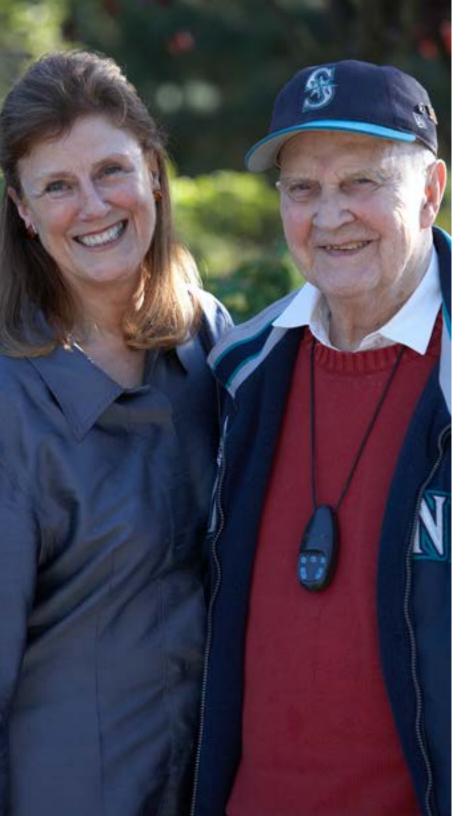
**206.224.3752** Front Desk

www.fulllifecare.org









## PROMOTING HEALTHY, INDEPENDENT LIVING

Full Life Care helps you and your family members remain living at home.

Thousands of families throughout Puget Sound have benefitted from our services. Our focus is always on the well-being of our clients and their families.

### **CARE SUPPORT TEAM**

Our caregivers are reliable, well-trained and receive continuing education. Full Life Home Care is licensed by the State of Washington and all employees must pass rigorous background checks. Our multi-disciplinary team of supervisors provides ongoing oversight of those caring for your loved one.

Our caregiver services include:

- Light housekeeping
- Companionship
- Escort for activities and appointments
- Personal hygiene and bathing assistance
- Meal preparation
- Medication reminders
- Shopping assistance

# **OUR COMMITMENT TO FLEXIBILITY**

We understand that many families do not need a caregiver for an entire morning or afternoon. While we are happy to provide care for long shifts, we also can work with you to create a personalized schedule to accommodate your needs.

#### **ABOUT FULL LIFE CARE**

Full Life Care is a Seattle-based not-for-profit organization founded in 1976.

In 2017 Full Life Care affiliated with Transforming Age. Both organizations are committed to helping older adults live independent, purposeful lives.

We are honored by the opportunity to be your partner in caregiving.



There's no place that I would rather be than here, helping others. 77 —Sarah, Caregiver

Photo: Paul Joseph Browi