

Adult Day Health

Full Life Care's Adult Day health program enables people with chronic illness and disabilities to enjoy a holistic community, engaging activities, and wellness services, all under one roof. Participants arrive in the morning and take advantage of a menu of services and activities at our campuses, including skilled nursing services, occupational therapy, exercise and meaningful social activities with peers. The 4-hour program ends with a nutritious lunch and optional transportation home.

Respite for all

Caring for a loved one can be challenging, especially when you're juggling many other responsibilities. Full Life's adult day health centers provide a break for you while fostering the well-being and independence of your loved one, preventing premature or unnecessary placement in a nursing home. Designed for every ability level, our educational and recreational programs challenge minds, keep bodies moving and lift spirits.



“
Our lives have
changed
completely since
Joel started coming
to Full Life. Today
he is doing
fabulous. He
amazes me.”

— Babette, Joel's wife



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WEBSITE

www.FullLifeCare.org



Challenging Minds

Lifting Spirits

Discover Full Life Care and our adult day health programs where we work with older adults and people with chronic illnesses and disabilities to support independence and provide respite to caregivers.



Full Life.

Small miracles. Extraordinary lives.



Independence Well-Being

Life Skill Program for Work Readiness & Support

Participants gain valuable skills to obtain or sustain employment at local businesses. The curriculum includes coaching on attendance, communication, working as a team and organization. Participants also learn basic job search techniques and fundamental restaurant and retail skills. With a focus on successful self-sufficiency and independence, participants are trained on nutrition, hygiene, finances, health, and promoting their own individual strengths.

Health and Wellness

Skilled nursing and rehabilitative therapies are incorporated into each participant's personalized care plan.

Memory Care

Our participants with memory loss enjoy staying active and making friends in our safe and secure environment. We help maintain your loved one's independence with an evidence-based fitness program and rehabilitative therapies.

Heads Up Program

Participants with an acquired brain injury work closely with their peers toward greater independence, responsibility and reintegration into community life.

Get Active Program

Participate in in group activities designed to increase independence in our specialized program for adults with developmental disabilities.



Our Services

Participants spend the day with the Full Life Care family and enjoy the holistic benefits of combining community and therapy including:

- Memory Care
- Occupational Therapy
- Health Services by a Registered Nurse
- Social Services
- Life Skills
- Mental Health Support
- Cognitive Skill Building
- Caregiver Support
- Personalized Exercise Routines
- Activity Groups
- Transportation Coordination

