Host a Giving Tree for Full Life Care

About Full Life Care



Full Life Care is a nonprofit organization dedicated to enhancing the quality of life for vulnerable seniors, adults with disabilities, and their families in King and Snohomish counties.

We believe everyone deserves to live with dignity—regardless of age or health challenges. Through home care, adult day health, housing support, and volunteer companionship, we help people stay independent and connected.

Why Your Support Matters



Your generosity is the heartbeat of our mission. Each donation will help us provide compassionate, life-changing support to our neighbors in need, ranging from essential food and supplies to enrichment activities. Our goal is to help the people we serve to more fully experience and enjoy their lives, no matter the degree of their daily challenges.

Your community's contributions of gift cards will enable us to offer flexible and customizable support to individuals when they need it the most.

How to Set Up & Drop Off

Use our needs list below to create unique tags for your tree. Templates for tags (to print double sided with our handbill) are available upon request. You may hang these on your tree or distribute to your community in the method that makes the most sense for your group.



Please plan for our deadline to return gifts to us **no later than January 15, 2027.**

Once your group has collected all of your items, mail to the following address, or contact us to arrange a weekday drop off at this location:

Attn: Volunteer Services
Full Life Care
1625 South Columbian Way Seattle, WA 98108

Our Wish List

This list has suggested quantities for a tree with 40 tags. Contact us to adjust the number up or down.

Gift Card Type	Amount	Quantity	Impact
Grocery Store • Safeway • QFC/Kroger (preferred)	**$35**	**15**	Provide emergency food assistance for an older adult or adult with a disability or housing instability.
Ride Service • Uber • Lyft	**$50** **$100**	**4** **1**	Provide a ride for an isolated older adult to access social or family events.
Enrichment Supplies • Fred Meyer • Amazon • Michaels	**$25-50**	**10**	Provide supplies to support individuals' personal enrichment goals, such as maintaining organization or participating in mindful craft activities.
Coffee Shop • Starbucks • Other chains in King County (Diva Espresso, Uptown Espresso, etc.)	**$10-$20**	**10**	Provide a social outing or moment of self-care for an isolated older adult, unpaid family caregiver, or individual in need of housing support.

Contact

We are glad to answer any questions, and offer additional guidance. Contact Jessica Chin, Volunteer Program Supervisor at jessicac@fulllifecare.org; 206-224-3764



Additional Ways to Give

Learn more about Full Life Care and additional ways to give at https://fulllifecare.org/ways-to-give

Thank you. Together, we're building a fuller life for all.